

Utah Health Status by Race/Ethnicity, Summary Sheet

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Utah, Overall	American Ind./ Alaska Native	Asian	Black	Native HI/ Pacific Islander	White	Hispanic
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Demographic Context

Age Distribution of the Population, 2000	27.1	23.2	29.6	24.8	21.4	27.8	23.0
* All Cause Death Rates, 1998-2003	797.2	872.0	352.3 ^s ↓	1,016.0 ↑	352.3 ^s ↓	796.3	710.3 ↓
Life Expectancy at Birth, 1998-2003	77.9	74.5	84.9 ^s	74.2	84.9 ^s	78.0	78.2
* Years of Potential Life Lost, 1998-2000	6,248	9,969	5,631 ^s	9,589	5,631 ^s	6144 [†]	6,326
Poverty (All Ages), 2000	9.1%	17.4%	4.6%	8.2%	7.7%	8.7%	12.7%
Child Poverty, 2000	10.1%	37.6%	13.1%	23.9%	18.3%	8.5%	22.2%

Health Care Services and Systems

* % Utahns With No Health Insurance, 2001	8.2%	12.1%	5.8%	7.3%	7.6%	7.1% ↓	24.8% ↑
* % of Insured Unable to Get Needed Health Care, 2001	12.2%	17.3%	8.7%	10.5%	4.6% ↓	12.2%	14.0%
* % Utahns With No Usual Place of Medical Care, 2001	8.6%	10.9%	7.0%	12.0%	9.3%	7.7% ↓	20.6% ↑
* % Utahns Who Had a Routine Medical Check-up, 2001	71.0%	74.7%	76.5%	72.3%	78.9%	70.3%	80.2% ↑
* Average Number of Medical Visits, 2001	3.8	5.2	3.8	3.7	4.0	3.9	3.7
% Age 50+, Colon Cancer Screening, 1999-2004	37.2%	37.8%	47.3%	57.4%	19.9%	37.2%	27.4% ↓
* % Women, Pap Test, 1999-2000, 2002, 2004	80.7%	71.3%	85.6%	81.8%	71.1%	80.8%	72.7% ↓
* %Women 40+, Mammogram, 1999-2000, 2002, 2004	67.7%	60.9%	78.9%	79.6%	55.5%	67.9%	61.7%
* % Men 40+, PSA Test, 2001-2004	55.2%	43.1% ↓	58.8%	37.4%	69.4%	56.1%	42.1% ↓
* % Adults Had Cholesterol Checked, 1999, 2001, 2003	67.6%	60.7%	70.3%	61.5%	63.3%	68.1%	58.7% ↓
* % Adults With High Cholesterol, 1999, 2001, 2003	21.4%	13.6%	25.0%	17.2%	17.4%	21.6%	20.4%
* % Adults Had Blood Pressure Checked, 1999	92.5%	83.8%	87.0%	100.0%	100.0%	92.7%	92.7%
* % Adults With High Blood Pressure, 1999, 2001, 2003	22.6%	28.4%	24.6%	35.8%	28.6%	22.5%	22.8%
% Mothers Had Early Prenatal Care, 2002	78.0%	53.9% ↓	72.5% ↓	57.2% ↓	48.1% ↓	79.1% ↑	60.4% ↓
* % Adults Had Flu Shot, 1999, 2001-2004	35.2%	38.1%	45.0% ↑	32.1%	36.4%	35.1%	31.3% ↓

Risk Factors For Illness

* % Adults Overweight or Obese, 1999-2004	55.6%	66.3% ↑	32.1% ↓	71.6% ↑	79.9% ↑	55.2%	64.0% ↑
* % Adults Eating 2+ Fruits Daily, 1999-2000, 2002-2003	32.0%	29.2%	41.1%	34.3%	37.4%	31.7%	32.7%
* % Adults Eating 3+ Veg. Daily, 1999-2000, 2002-2003	22.0%	19.1%	31.0%	15.8%	19.6%	22.1%	16.4% ↓
* % Adults With No Physical Activity, 1999-2004	17.7%	33.4% ↑	19.3%	25.2%	9.1% ↓	17.0% ↓	28.0% ↑





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Risk Factors For Illness (continued)

* % Adults With Physical Activity, 2001, 2003	54.6%	54.6%	40.3% ↓	58.6%	67.1%	55.5%	47.8% ↓
* % Adults Reported Cigarette Smoking, 1999-2004	12.3%	18.6%	8.4%	28.4% ↑	6.7% ↓	12.0%	14.1%
* % Adults Reported Chronic Drinking, 1999, 2001-04	3.3%	8.6% ↑	0.0% ↓	3.7%	0.0%	3.3%	4.2%
* % Adults Reported Binge Drinking, 1999, 2001-2004	9.4%	18.5% ↑	3.6% ↓	24.9% ↑	3.9%	8.9%	14.5% ↑
* % Adults Reported DUI, 1999, 2002, 2004	0.9%	2.6%	0.0%	1.3%	0.0%	0.9%	1.4%
* % Adults Not Always in Seat Belt	9.3%	11.2%	18.9%	0.0%	10.9%	9.1%	8.4%

Health Problems of Mothers and Infants

Infant Mortality, 1998-2003	5.2	5.0	4.6 [§]	13.8 ↑	4.6 [§]	5.1	6.4 ↑
Infant Mortality Related to Birth Defects, 1999-2003	1.5	1.3	1.4 [§]	1.3	1.4 [§]	1.5	1.4
% Infants Low Birth Weight, 2002	6.6%	9.2% ↑	8.8% ↑	14.7% ↑	7.1%	6.5%	6.6%
Births to Adolescents (Age 15-17), 2002	17.5	44.0 ↑	23.0	29.2	31.9 ↑	16.8	65.9 ↑
Overall Birth Defects, 1999-2003	20.6	17.7	17.2 [§] ↓	14.3 ↓	17.2 [§] ↓	21.2	18.4 ↓
* % Women 18-44 Taking Folic Acid, 1999-2004	48.3%	36.6%	48.7%	34.9%	25.0% ↓	49.5%	37.7% ↓
Neural Tube Defects, 1994-2003	7.3	9.5	3.8 [§] ↓	0.0	3.8 [§] ↓	7.0	10.5 ↑
Orofacial Clefts, 1995-2003	22.2	36.9	18.2 [§]	12.0	18.2 [§]	22.2	22.4
Congenital Heart Defects, 2003	62.9	66.8	71.6 [§]	0.0	71.6 [§]	61.5	74.4

Infectious Diseases

Hepatitis A, 1998-2002	4.1	1.8	3.7 [§]	2.6	3.7 [§]	2.9 ↓	6.4
Tuberculosis, 2000-2004	1.7	4.2	15.8 ↑	19.9 ↑	10.3 ↑	1.1 ↓	5.9 ↑
Chlamydia, 2000-2004	147.5	212.3 ↑	158.1 [§]	368.6 ↑	158.1 [§]	92.8 ↓	402.1 ↑
Syphilis, 2000-2004	0.4	3.6 ↑	1.3 [§]	1.7	1.3 [§]	0.2	0.7
Gonorrhea, 2000-2004	16.5	18.4	12.8 [§]	85.0 ↑	12.8 [§]	11.4 ↓	34.6 ↑
HIV/AIDS, 2000-2004	7.7	8.3	4.7 [§]	78.0 ↑	4.7 [§]	5.3 ↓	15.7 ↑

Injury & Violence

* % Utahns With Injury, 2001	11.9%	10.7% ↓	8.2% ↓	9.1%	13.2%	12.3%	9.1% ↓
* Unintentional Injury Deaths, 1998-2003	33.8	76.7 ↑	15.3 [§] ↓	28.8	15.3 [§] ↓	33.2	34.1
* Motor Vehicle Traffic Crash Deaths, 1998-2003	15.4	52.4 ↑	7.2 [§] ↓	17.6	7.2 [§] ↓	14.7	18.6





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Injury & Violence (continued)

* Work-related Injury Deaths, 1998-2003	2.3	2.9	0.0 [§]	1.5	0.0 [§]	2.3	3.0
* Suicide, 1998-2003	15.5	10.1 ↓	2.6 [§] ↓	7.8 ↓	2.6 [§] ↓	15.8	12.0
* Homicide, 1998-2003	2.6	6.6 ↑	0.7 [§] ↓	9.4 ↑	0.7 [§] ↓	2.4	7.4 ↑

Chronic Diseases and Conditions

* % Utahns in Fair/Poor Health (All Ages), 2001	11.0%	21.5% ↑	7.5%	13.2%	17.6% ↑	10.5%	19.5% ↑
* % Adults With Poor Physical Health, 1999-2004	14.4%	20.5%	9.5%	18.0%	10.6%	14.1%	16.4%
* % Adults With Poor Mental Health, 1999-2004	15.0%	22.9% ↑	9.9% ↓	27.1% ↑	15.9%	14.7%	16.9%
* % Adults With Arthritis, 2000-2003	23.8%	32.2%	14.1% ↓	34.3%	12.1%	23.9%	22.9%
* % Utahns With Asthma (All Ages), 2001	5.5%	11.4% ↑	6.7%	6.3%	6.2%	5.7%	4.4%
* % Utahns With Diabetes (All Ages), 2001	4.5%	8.0% ↑	5.2%	7.0%	5.8%	4.4%	5.6%
* Diabetes Deaths, 1998-2003	73.0	147.4 ↑	50.0 [§]	113.7	50.0 [§]	71.9	99.8
* % Utahns With Coronary Heart Disease (All Ages), 2001	4.5%	8.7% ↑	5.4%	7.9%	5.7%	4.5%	3.9%
* Coronary Heart Disease Deaths, 1998-2003	99.4	93.6	31.9 [§] ↓	103.9	31.9 [§] ↓	99.9	71.7 ↓
* Stroke Deaths, 1998-2003	56.2	22.2 ↓	23.0 [§] ↓	83.1	23.0 [§] ↓	56.2	49.9

Cancer

* Lung Cancer Incidence, 1997-2001	30.5	15.9	26.4	15.7	24.2	30.7	40.0
* Lung Cancer Deaths, 1998-2003	24.8	19.1	19.5 [§]	36.0	19.5 [§]	24.8	24.2
* Colorectal Cancer Incidence, 1997-2001	41.3	11.0 ↓	32.2	50.3	23.8	41.6	48.2
* Colorectal Cancer Deaths, 1998-2003	16.1	7.9	10.8 [§]	35.8 ↑	10.8 [§]	16.1	14.5
* Breast Cancer Incidence (Females), 1997-2001	117.3	17.9 ↓	73.2	38.3 ↓	36.5 ↓	119.6	111.5
* Breast Cancer Deaths (Females), 1998-2003	23.1	15.0	6.2 [§] ↓	21.0	6.2 [§] ↓	23.2	9.7 ↓
* Prostate Cancer Incidence (Males), 1997-2001	176.7	54.3 ↓	62.5 ↓	255.6	100.8	179.0	168.0
* Prostate Cancer Deaths (Males), 1998-2003	31.4	17.0	11.5 [§] ↓	63.0	11.5 [§] ↓	31.5	35.3

- * Age adjusted to 2000 U.S. population
 § Asian and Pacific Islander were grouped together.
 † White, non-Hispanic